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GUJARAT MEDICAL JOURNAL

INDIAN MEDICAL ASSOCIATION, GUJARAT STATE BRANCH

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STATE PRESIDENT'S MESSAGE



Dear IMA Colleagues,

Greetings,

I am very elated and privileged to be part of a novel social cause at the beginning of my presidency. The current scenario of

augmenting young cardiac deaths, whose prevalence in our state has been a great concern for our society, and for us to take effective action on the same.

Rajkot Branch, under the abled leadership of president, Dr. Parash Shah and the team, has initiated and piloted a state-wide mission-“**IMA દિલથી, યુવા હૃદય સુધી**”, a public awareness program which was organised on 10th of Dec., a Padma Shri Dr. Tejash Patel, had given an informative keynote address to the masses. All the cardiologists of Rajkot took part in the panel discussion to answer public questions related to the subject, thereby, clearing the myths and doubts regarding the same. State office bearers, Honorary Secretary, Dr. Mehul Shah, AMA President, Dr. Tushar Patel, Editor, Dr. Kamlesh Saini, Assistant Secretary, Dr. Ashish Bojak and Senior members Dr. Kirit Gadhavi and Dr. Navnit Patel had graced us with their presence. Unveiled PPT presentation will be distributed to the respective state-specific secretaries and presidents to enlighten the public on this matter at appropriate social gatherings.

The program was made lucid by Shri Sai Ram Dave. The jam-packed auditorium of Hemu Gadhavi, with 1,200- plus attendees,



was truly a magnificently remarkable and historic event to witness, as people of Rajkot celebrated ‘**હૃદય દિવસ**’.

IMA GSB is commencing second year of distance learning Law Course, a Post Graduate Diploma (PGDMLEE), which has been overwhelmingly regarded and received by our responsive members.

ઈન્ડિયન મેડિકલ એસોસિયેશન અને ગુજરાત રાજ્ય સરકાર સહયોગથી કામ કરતી હોય છે અને કોઈ પણ આપતિ કાળમાં સમાજ અને સરકારને જોડતી મહત્વની કડીરૂપ ભૂમિકા પૂરી પાડતી હોય છે. અકાળે અચાનક થતાં હૃદયરોગ સંબંધિત યુવાઓના મોતમાં ૨ લાખ પોલીસ જવાનો, ૬૦ હજારથી વધારે શિક્ષકો અને એ જ કાર્યક્રમને આગળ ધપાવતા IMA-GSB એ હાલમાં જ સમગ્ર હોમગાર્ડ જવાનોને CPR પદ્ધતિથી તાલીમબદ્ધ કરવાનો MOU, ગૃહ રાજ્યમંત્રી હર્ષ સંઘવીની ઉપસ્થિતિમાં કરેલો છે. તે માટે આપણા માનદ્ મંત્રી ડૉ. મેહુલ શાહ અને અમદાવાદની શાખાના પ્રમુખ ડૉ. તુષાર પટેલને આપણા સૌ વતી અભિનંદન.

સુરત બ્રાન્ચ આયોજિત સફળ PPS ઝોનલ સેમિનાર તા. ૧૦ ડિસેમ્બર, ૨૦૨૩ ના રોજ સફળતાપૂર્વક આયોજિત કરવા બદલ PPS ચેરમેન ડૉ. બિપિન પટેલ સુરત બ્રાન્ચ પ્રેસિડન્ટ ડૉ. દિગંત શાસ્ત્રી, સેક્રેટરી ડૉ. વિનેશ શાહ અને ઝોનલ રિપ્રેઝન્ટેટીવ ડૉ. પરેશ મુનશીને ખુબ ખુબ અભિનંદન.

JAI IMA, JAI JAI GARVI GUJARAT, JAI HIND.

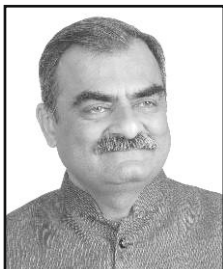


IMA દિલથી યુવા હૃદય સુધી

Dr. Bharat M. Kakadia
President, G.S.B., I.M.A.



HON. STATE SECRETARY'S MESSAGE



Dear Fellow Doctors,

As we bid farewell to the eventful year of 2023, IMA Gujarat stands tall, its commitment to doctors' well-being, unity, noble initiatives, and community health shining brightly. The past year was a tapestry of grand events, each contributing to the organization's unwavering dedication to excellence.

Unity in Diversity: Central Working Committee Meeting at State of Unity

In a historic move, IMA Gujarat hosted the Central Working Committee Meeting, welcoming esteemed leaders from IMA HQ. This gathering was more than just a meeting—it was a testament to the unity and strength of our medical community. The shared vision and collaborative spirit ignited during this event will undoubtedly fortify our Doctor Network for years to come.

Noble Initiative: Angdaan Mahotsav

For the cause of organ donation awareness, IMA Gujarat spearheaded the "Angdaan Mahotsav." This noble initiative not only touched hearts but also opened minds to the gift of life. It's through events like these that IMA Gujarat continues to make a profound impact on society, beyond the confines of medical practice.

Community Health Uplifting: AAO GAON CHALEN

Under the guidance of IMA HQ, IMA Gujarat embraced the "AAO GAON CHALEN" initiative, adopting 100 villages for a year. This comprehensive approach to community health upliftment underscores our commitment to serving not just individual patients, but entire communities.

Scientific & Academic Feast: GIMACON Bhavnagar

In the pursuit of academic and scientific excellence, at the GIMACON Bhavnagar, this intellectual feast showcased the cutting-edge advancements in the medical field, bringing together minds eager to learn, share, and evolve.

As we step into 2024, IMA Gujarat, under leadership of president Dr. Bharat Kakadia with its dynamic new team, is poised to elevate these initiatives to unprecedented levels of success. The spotlight will be on our young doctors, addressing their professional and personal challenges, ensuring a thriving medical community for years to come.



Navigating the Future: IMA Gujarat's Vision for 2024

As we stand on the precipice of 2024, IMA Gujarat is not merely looking back at the triumphs of the past but is also charting an ambitious course for the future. The spotlight in the coming year will be on our young doctors, the torchbearers of the medical profession. IMA Gujarat is geared up to address the evolving challenges they face, particularly in navigating the intricate landscape of medical laws.

Empowering Young Doctors: Conquering Legal Challenges

In 2024, IMA Gujarat is committed to providing young doctors with the tools and knowledge needed to navigate the complex web of medical laws. Through workshops, seminars, and legal forums, we aim to empower the next generation of healers, ensuring they practice medicine with confidence and compliance.

Staying Ahead of the Curve: Trends in the Medical Field

The medical field is ever-evolving, with new technologies and trends shaping the way we practice. IMA Gujarat recognizes the importance of staying ahead of the curve. In 2024, we pledge to keep our members informed and educated on the latest advancements, ensuring they remain at the forefront of medical innovation.

Safeguarding the IMA Gujarat Family

Beyond individual practitioners, IMA Gujarat places a strong emphasis on the well-being of the entire IMA Gujarat family. This encompasses not just doctors but their families as well. In the upcoming year, our initiatives will extend to providing support systems that keep the entire medical community and their loved ones safe, secure, and healthy.

Uniting in Health: A Collective efforts

In the journey from 2023 to 2024, IMA Gujarat is not just building on past successes but is forging ahead with a vision that encompasses the challenges of today and the promises of tomorrow. As we usher in the new year, let us stride confidently towards a future where the medical community thrives, evolves, and stands resilient in the face of change.

Dr. Mehul J. Shah
Hon. State Secy., G.S.B., I.M.A.



IMA Rajkot on Successful Initiative to Combat Rising Heart Attacks, દિલ થી યુવા હૃદય સુધી

In the spotlight this month is the noble initiative by IMA Rajkot, supported by IMA Gujarat for its commendable efforts in addressing the heart attack cases in our state. The impactful event, led by the newly appointed President of IMA Gujarat, **Dr. Bharat Kakadia**, witnessed renowned cardiologists like **Padma Shri Dr. Tejas Patel**, the Rajkot Cardiology Team, and **સુપ્રસિદ્ધ સાહિત્ય Shri Sairam Dave**. The organized program not only conveyed a vital message to the citizens of Rajkot but also stressed the importance of autopsies in suspected heart attack deaths, initiating crucial discussions with the government.

A notable highlight is that IMA Rajkot doctors trained citizens in C.O.L.S. (Compression Only Life Support) Skills. Recognizing it as the need of the hour, this training equips individuals to save lives anywhere, irrespective of location. The program emphasizes that anyone, at any place, can be empowered to save a life through this crucial skill set.

In a proactive step, any doctor interested in contributing to this noble cause can contact the IMA Gujarat office to register as a volunteer for C.O.L.S training programs. This initiative extends to IMA local branches situated in every city of Gujarat, encouraging them to conduct similar seminars for the larger good of society.

The success of the event is evident in the active participation of over 1500 individuals, including doctors and the general public. Gratitude is extended to **Dr. Anil Nayak, Hon. Secretary General, IMA HQs**, for his insightful views and valuable guidance shared through a video message. Special acknowledgment is reserved for the entire IMA Rajkot team, recognizing their exceptional efforts in organizing this impactful event and spreading awareness with unwavering dedication.

Encouragingly, IMA Gujarat calls on its branches to draw inspiration and plan similar life-saving programs in your city.



REPORT OF HCG-GIMACON 2023 CONFERENCE – BHAVNAGAR.

Conference Overview:

- Location: Iscon Club and Resort, Bhavnagar, (Gujarat) India
- Date : 28, 29th October 2023 (Saturday & Sunday)
- Organizers: Indian Medical Association Gujarat state Branch & Bhavnagar Branch
- Host:
Dr. Bharat Trivedi – Chief Patron – GIMACON 2023.
Dr. Mahavir Singh Jadeja - President of Gujarat State Indian Medical Association
Dr. Mehul Shah – Secretary of Gujarat State Indian Medical Association
Dr. Mansukh Kanani - Organizing Chairrman of the conference
Dr. Ketan Patel - Organizing Secretary
Dr. Devang Pawar - President of Indian Medical Association Bhavnagar Branch & Bhavnagar Team HCG GIMACON 2023
- Participants: More than 550 doctors, all IMA members from Gujarat

Conference Objectives:

The primary purpose of the HCG GIMACON 2023 conference was to:

1. Facilitate the sharing of the latest updates and knowledge in the field of healthcare.
2. Empower doctors to remain updated on the most recent developments and research in the field of medical science.
3. Enable healthcare professionals to serve their patients more effectively by applying the latest knowledge gained at the conference.

Key Highlights:

- **Number of Sessions:** The conference featured a total of 24 sessions, spread over two days along with that 6 session of MSN (Medical Student Network) on 2nd day.
- **Lectures:** There were total 13 lectures with 1 panel discussion on day 1 and total 9 lectures with 1 panel discussion on day 2. These lectures covered a diverse range of current topics related to significant health issues in society.
- **Eminent Faculty:** Over 25 eminent doctors from Gujarat and a few from outside the state delivered their scientific presentations during this conference.
- **Chaired Sessions:** The sessions were chaired by another 48 eminent doctors, enhancing the quality of discussions and knowledge sharing.
- **Inauguration Session & Installation Ceremony :** On 1st day 28/10/2023 in inauguration session organized under guidance of President Dr. Mahavirsinh Jadeja sir, Dr. Mehul Shah sir, Dr. Anil Nayak sir, Dr. M. R.Kanani, Dr. Bharat Kakadiya sir



- On the occasion of the inauguration of this conference, Honourable Yuvraj Shri Jaiveeraj Singh Gohil, a respected royal family prince of Bhavnagar remain present as a chief guest; His presence during the inauguration function added a special dimension to the conference. He conveyed his best wishes and shared insightful messages about health and fitness as a fitness and youth icon.
- Along with that Municipal Commissioner of Bhavnagar Mr. Upadhyay Saheb, graced the conference with his presence and delivered an encouraging talk. He extended his best wishes to all participants and organizers, emphasizing the significance of healthcare initiatives in the community.
- Several other dignitaries were present at the conference like Dr. R. K. Dixit (ADME), Dr. NitinVora (GMC Chair), Dr. Abhijat Sheth (NBE-Chairman), Dr. Mahesh Patel (Ex.Faculty Dean - Gujarat University), Dr. Rashmikant Dave (Ex. NBE Chairman), Dr. Bharat Gadhvi (HCG-Head), Dr. Parth Desai (K.D.-Head), Dr. Nikhil Lala (Sterling-Head) Dr. Parimal Desai, Dr. Mona Desai, Dr. Gargi Patel, Dr. Tushar Patel, Dr. Bipin Patel, further underscoring the significance of this gathering for the medical community in Gujarat.
- During the installation ceremony, change over of Gujarat state Branch presidential ship from Dr. Mahavirsinh Jadeja sir to Dr Bharat Kakadiya sir (Rajkot) was done under presence of all delegates and patron, along with that Award Distribution Program was held. During this one special honour of lifetime achievement award was given to Dr Bharat Trivedi sir (Bhavnagar).
- Dr. Anil Nayak sir (Hon. Sec – IMA HQ), delivered his wonderful unique speech in most humorous way that was well appreciated by the houseful audience during this session.
- On 2nd day 29/10/2023 in scientific session one lecture specifically on “ABHA CARD & OVERVIEW ABOUT ABDM” (AYUSHMAN BHARAT DIGITAL MISSION) was arranged to get well oriented knowledge of government schemes and programmes and lecture delivered by Mr Bhruguraj Trivedi (joint Director -IT Dept of Health Dept., Gandhinagar).
- Valedictory Session:** At last on 2nd day prize distribution of paper and poster presentation for winner was conducted with vote of thanks given to all delegates
- Credit Point Assessment:** 5 Credit points approved by GMC (Gujarat Medical Council) and for that Dr Sunil Panjwani sir was appointed as assessor of this conference.

Additional Details:

- Variety of Topics:** The conference covered a wide range of topics, including but not limited to the latest advancements in medical technology, pharmaceutical breakthroughs, healthcare management, patient care strategies, and public health initiatives, medicolegal issues. This diversity of topics ensured that attendees gained a comprehensive understanding of the healthcare landscape.



- Networking Opportunities:** In addition to the informative lectures and sessions, the conference provided ample networking opportunities. Doctors from various specialties and regions had the chance to interact, exchange ideas, and build professional relationships, fostering a collaborative healthcare community.
- Research Presentations:** Along with that more than 70 paper and poster presentation done by PG student of various college of all over Gujarat. and provide a platform for knowledge dissemination, This allowed attendees to learn about groundbreaking research findings and encouraged them to contribute to the advancement of medical science.
- IMA MSN – JDN Activity:** Along with that about 6 lectures from MSN also arrange and completed in morning session on day 2 of conference
- Digitalization In Conference:** During this conference we also launch a “Digital Abstract Book” and “Digital Souvenir” of GIMACON 2023.
- During this conference IMA – Bhavnagar – GIMACON 2023 application was also launched by Hon. Municipal Commissioner of Bhavnagar Mr. Upadhyay Saheb.
- CME Credits:** HCG GMACON 2023 offered Continuing Medical Education (CME) credits of 5 point to attendees. This was particularly beneficial for doctors, as they could earn educational credits required for maintaining their medical licenses.
- Public Health Initiatives:** Some sessions focused on addressing broader public health issues, highlighting the role of healthcare professionals in improving the well-being of communities. This underscored the conference's commitment to addressing societal health challenges.
- Accommodation :** Transportation and accommodation of all delegates are well arranged at conference venue and at nearby hotels.
- Special arrangement :** Various activity like Mahendi, Nail Art, Tattoo Making, Jewellery Making, Tarot Card Reading and Makeup & Hair Styling Demonstration was planed for spouse and family members of delegates during this two days of conference. on 1st day evening Gala Dinner, Banquet with musical night was arranged for refreshments of all the Guests, Delegates and their family members by Dr. Firdaus Dekhaiya, Chandni Desani, Shradhha Vyas & Team.

Impact:

The success of HCG GIMACON 2023 highlighted the importance of continuous education and knowledge sharing in the medical field. The knowledge acquired at the conference is expected to result in improved patient care and the adoption of innovative medical practices across the region.

This conference has not only empowered doctors with the latest medical knowledge but also served as a platform for collaboration, networking, and inspiration from esteemed guests, faculties and dignitaries.



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જા.નં. કજ / SCR / હોગા / છઠી ડિસે. / ૧૭૫૭ / ૨૦૨૩

તા. ૦૫/૧૨/૨૦૨૩

પ્રતિ,
સર્વે નિયંત્રકશ્રી, નાગરિક સંરક્ષણ કચેરી,
સર્વે જિલ્લા કમાન્ડન્ટશ્રી, હોમગાર્ડઝ,
સર્વે બટાલીયન કમાન્ડન્ટશ્રી, બોર્ડરવીંગ.
કમાન્ડન્ટશ્રી, સી.ટી.આઇ., જરોદ.
સેન્ટર કમાન્ડરશ્રી, સુઢિયા, માધવનગર.
સર્વે ટ્રેઇનિંગ ઇન્સ્ટ્રક્ટરશ્રી, નાગરિક સંરક્ષણ.

વિષય:- ૬ ડી ડિસેમ્બર-૨૦૨૩ નાં રોજ " હોમગાર્ડઝ અને નાગરિક સંરક્ષણ ૬૧ માં સ્થાપના દિન " નિમિત્તે CPR (Cardiopulmonary resuscitation)ની તાલીમ અંગેના MOU બાબત

શ્રીમાન,

ઉપર્યુક્ત વિષય પરત્વે સવિનય જણાવવાનું કે, ૬ ડિસેમ્બર-૨૦૨૩ ના રોજ "હોમગાર્ડઝ અને નાગરિક સંરક્ષણ ૬૧માં સ્થાપના દિન" નિમિત્તે હોમગાર્ડઝ અને સિવિલ ડિફેન્સના સભ્યોને CPR (Cardiopulmonary resuscitation)ની તાલીમ આપવા બાબતના માનનીય કમાન્ડન્ટ જનરલશ્રી નાઓના તેમજ Indian Medical Association (IMA), ગુજરાત રાજ્ય શાખા સાથે MOU કરવામાં આવેલ છે.

૨./ સદર MOU અન્વયે આપના શહેર / જિલ્લા હસ્તકના તમામ હોમગાર્ડઝ સભ્યો અને નાગરિક સંરક્ષણના તાલીમાર્થીઓને CPR (Cardiopulmonary resuscitation)ની તાલીમ આપવા બાબતે તાત્કાલિક આયોજન કરી અને આ સાથે સામેલ બિડાણ (MOU)માં દર્શાવેલ શ્રી ડૉ. મેહુલ જી. શાહ, માન. રાજ્ય સચિવશ્રી, IMA (મો. ૯૮૨૫૦૫૧૧૬૨) અને શ્રી ડૉ. તુષારભાઈ બી. પટેલ, માન. ખજાનચીશ્રી, IMA, (મો. ૯૮૨૫૦૮૨૬૭૨) તથા ગુજરાત રાજ્યના નોડલ નિયુક્ત કરેલ ડૉ. શ્રી.આશિષભાઈ ભોજક (મો. ૯૮૦૯૮૦૪૫૭૧) નાઓ સાથે સંકલન કરી તાલીમ અંગેનું આયોજન કરવાનું રહેશે. આયોજન બાદ જેટલા હોમગાર્ડઝ સભ્યોએ તાલીમમાં ભાગ લીધેલ હોય તેની માહિતી બીજા દિવસે સ્ટેટ કંટ્રોલ ખાતે મોકલવામાં આવતા એનેક્સમાં વિશેષ નોંધની અંદર મોકલી આપવાની રહેશે અને સાથોસાથ તાલીમ કાર્યક્રમ અંગેના ફોટોગ્રાફ્સ ટ્રવિટર પર અપલોડ કરવા જણાવવામાં આવે છે.

મે.કજ.શ્રીની સૂચના અન્વયે

(એચ. એમ. ચુડાસમા)
સિનીયર સ્ટાફ ઓફિસર (વહીવટ)
હોમગાર્ડઝ, ગુજરાત રાજ્ય.

નકલ રવાના :-

- સંયુક્ત નિયામકશ્રી, સિવિલ ડિફેન્સ, લાલદરવાજા, અમદાવાદ. તરફ જાણ તથા જરૂરી કાર્યવાહી સાડું.

જાણ સાડું :-

- પ્રમુખશ્રી, Indian Medical Association (IMA), ગુજરાત રાજ્ય શાખા બીજો માળ, AMA હાઉસ, એચકે કોલેજ સામે, આશ્રમ રોડ, અમદાવાદ તરફ જાણ તથા જરૂરી કાર્યવાહી સાડું. આ સાથે જિલ્લાઓની વિગતો આ સાથે સામેલ છે.



INDIAN MEDICAL ASSOCIATION

GUJARAT STATE BRANCH



OFFICE : 2nd FLOOR, A.M.A. HOUSE, OPP. H. K. COLLEGE, ASHRAM ROAD, AHMEDABAD-380 009.

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E-mail : imagsb@gmail.com

Website : www.imagsb.com

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HON. STATE SECRETARY
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☎ : 98250 51162

HON. TREASURER
DR. TUSHAR B. PATEL
☎ : 98250 82672

IMM. PAST PRESIDENT
DR. MAHAVIR SINGH M. JADEJA
☎ : 98244 82080

Ref No.

Date: 5-12-2023

To

Shri Manoj Agrawal, IPS

Commandant General Shri Homeguard

Homeguard Office, Laldarwaja

Ahmedabad.

Subject : Proposal for Collaboration: Compression-Only Life Support (C.O.L.S) Training for Gujarat Homeguard Group.

Respected Shri Manoj Agrawal Sir,

We trust this letter finds you in good health. We, the Indian Medical Association (IMA) Gujarat, are reaching out to express our shared commitment to public health and safety, and to propose a collaborative initiative that can make a positive impact on our community.

Given the concerning rise in heart attack cases, as reported by the media, we believe it is crucial to take proactive measures. In this light, we propose a partnership with the Gujarat Homeguard Group to provide Compression-Only Life Support (C.O.L.S) training to Homeguards.

Why C.O.L.S?

C.O.L.S is a simplified yet effective CPR technique that focuses solely on chest compressions. This approach is easy to learn and can be administered promptly during emergencies. Considering the vital role Homeguards play in ensuring public safety, providing them with this training will enhance their ability to respond effectively to cardiac emergencies.

Our Joint Commitment:

IMA Gujarat is committed to facilitating comprehensive training sessions. Our proposal includes a program conducted by certified doctors with expertise in emergency medicine. The training will cover essential aspects of C.O.L.S, ensuring Homeguards are well-prepared to act swiftly in life-threatening situations.

A Collaborative Partnership:

We envision working collaboratively with the Gujarat Homeguard Group to strengthen the preparedness and responsiveness of Homeguards. This initiative holds the potential to make a significant positive impact on the well-being of our community.

We kindly request your consideration of this joint proposal and look forward to the opportunity to discuss the details further. Please let us know a convenient time for a meeting to explore how, together, we can contribute to the safety and welfare of the people in our community.

Thank you for your attention to this matter, and we anticipate a positive and mutually beneficial collaboration.

Sincerely,

Dr. Bharat M. Kakadia
President
IMA GSB

Dr. Mehul J. Shah
Hon. State Secretary
IMA GSB

Dr. Tushar Patel
Treasurer and Co-Ordinator
IMA GSB



OBITUARY

We send our sympathy & condolence to the bereaved family



Dr. Suresh P. Amin

(11-06-1933 - 09-11-2023)

Age : 90 years

Qualification : M.D. (Pathologist)

Name of Branch : Vadodara

• Past President : Gujarat State Branch, IMA 2000-2001

He was pioneer pathologist of Gujarat with M.D. from Baroda Medical College. His thrust for knowledge took him to the U.S.A. for further training. His private pathology laboratory was and yet remains the most trusted laboratory for all kinds of investigations. He was associated with several organizations like Rotary Club of Baroda, Soclean, Society for prevention of Cruelty to animals etc. He served Medical associations at city level and State level. He served the IMA Gujarat State as President during the period of 2000-2001. He was a pioneer in the establishment of Laboratory Cell of IMA Gujarat State Branch. He was a member of the Central Working Committee of Indian Medical Association. He faced the illness that ultimately took him away from us at the right age of 91 years.

	* * *	
Dr. Manubhai K. Contractor	03-07-2023	Vadodara
Dr. Chandrakant P. Mandavia	14-07-2023	Una-Diu
Dr. Priyamvada P. Mehta	05-07-2023	Jamnagar
Dr. Visabhai M. Suthar	06-09-2023	Patan
Dr. Jadavbhai V. Jungi	17-09-2023	Una-Diu
Dr. Vijay B. Acharya	28-09-2023	Ahmedabad
Dr. Gopaldas G. Chhatrala	01-10-2023	Rajkot
Dr. Yogesh A. Thakkar	18-10-2023	Vadodara
Dr. Arvindbhai K. Patel	29-10-2023	Ankleshwar
Dr. Harisinh J. Parmar	01-11-2023	Mansa

We pray almighty God that their souls rest in eternal peace.



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National President Dr. Sharad Kr. Agarwal +91-8717111942 drshreshma@gmail.com	Immediate Past National President Dr. Sahajanand Pd. Singh +91-9334118698 sahajurgery.phulwarsharif@gmail.com	Honorary Secretary General Dr. Anilkumar J. Nayak +91-9825051333 dranilnayak@yahoo.co.in	Honorary Finance Secretary Dr. Shitij Bali +91-9910755660 shitij.bali@yahoo.com
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IMA/HSG/2023

30-11-2023

To

Shri Narendra Modi ji

Hon'ble Prime Minister of India

South Block, Raisina Hill, New Delhi-110011

Sub:For Incorporating the Supreme Court guidelines in the Bhartiya Nyaya Samhita,2023; Bhartiya Nagrik Suraksha Samhita,2023, Bhartiya Sakshya Adhinium as well as the suggestion of the Standing committee for Home affairs on medical negligence, vide-clause 3.20.4 of the report.

Respected sir

It is heartening to see the efforts of the Government of India to decolonise the Indian Penal Code as Bharatiya Nyaya Sanhita 2023. We the doctors of India take it as an opportunity to apprise our Government about the rising trend of criminal prosecution of doctors for medical negligence. Indian Medical Association represents the medical fraternity and has a presence in all the districts of India. The Medical Student Network of IMA has its units in all the medical colleges of India. Thus, we deem it as our responsibility to apprise the Government on this important interface of doctors with law.

The concept of mens rea has to be applied in letter and spirit for any duly qualified and Registered Medical practitioner. Absence of mens rea in a case of a medical mishap or accident is too evident to be ignored. The unique and distinct nature of medical negligence as different from crimes is evident even at the stage of defining the crime. Mindless criminal prosecution of doctors has resulted in harassment and practice of defensive medicine. There is a legitimate case for exempting the professional service of doctors from criminal prosecution. It is the responsibility of the Government to provide a safe and amiable atmosphere for doctors to practise their profession without fear of criminal prosecution. On behalf of the entire medical community of India we appeal to you to exclude the professional service of doctors from criminal negligence. In the absence of any benign intervention by the Government we wish to point out doctors under the new legislation as it stands at this stage will get punishment of up to 5 years instead of the current 2 years.

The criminal liability of medical negligence is of controversial legality. To establish criminal liability, it is important to ascertain whether the intent to cause harm (mens rea) existed, but in cases of criminal medical negligence the intention to cause harm has been replaced by gross negligence. Gross negligence is not defined in the IPC. Moreover, criminal law only punishes positive harm. But failure to act judiciously is also a crime in medical negligence.



The line between civil liability and criminal liability is thin, and no sufficiently good criteria have yet been devised by the Supreme Court providing any clear and lucid guidance. The Supreme Court in *Dr. Suresh Gupta v. Govt. of NCT Delhi*¹² put the standard for fostering criminal liability on a high pedestal and required the medical negligence to be “gross” or “reckless.” Unfortunately, the word gross is absent in Section 304A IPC.

Three-judge bench in *Jacob Mathew v. State of Punjab*¹⁴ on a reconsideration endorsed the approach of high degree of negligence being the prerequisite for fostering criminal liability as adopted in *Dr. Suresh Gupta*. Hence the necessity for obtaining independent medical opinion was insisted upon considering that the knowledge of medical science to determine whether the acts of medical professional amounts to negligent act within the domain of criminal law could not be presumed.

Causing death of a patient without mens rea cannot be termed a criminal act. No police officer should be able to conduct inquiry or investigation into alleged medical negligence offence committed by a qualified and registered medical practitioner without prior opinion of gross negligence specified by an expert committee as per the recommendations of the NMC to MOHFW.

Only the statutory bodies such as State Councils/ NMC should be empowered to refer such cases as Criminal Negligence to be filed in Criminal Courts after the element of Gross negligence in care has been opined by the medical experts.

Sections 304 A (causing death by negligence), 336 (causing hurt by act endangering life or personal safety of others), 337 (causing hurt by act endangering life), 338 (causing grievous hurt by act endangering life) of the Indian Penal Code are often invoked against doctors. Keeping in view the difficulties faced by medical practitioners due to arrest and prosecution in frivolous cases, the Supreme Court of India laid down certain conditions to prevent the arrest of medical practitioners.

Supreme court guidelines (*Jacob Mathew Vs. State of Punjab, 2005, 6 SCC 1*)

To the Government:

- Statutory Rules or Executive Instructions incorporating certain guidelines need to be framed and issued by the Government of India and/or the State Governments in consultation with the Medical Council of India.

To the Police and the Court:

- A private complaint may not be entertained unless the complainant has produced prima facie evidence before the Court in the form of a credible opinion given by another competent doctor to support the charge of rashness or negligence on the part the accused doctor.
- The investigating officer should, before proceeding against the doctor accused of rash or negligent act or omission, obtain an independent and competent medical opinion preferably from a doctor in government service qualified in that branch of medical practice who can normally be expected to give an impartial and unbiased opinion applying Bolam & s test to the facts collected in the investigation.



- A doctor accused of rashness or negligence may not be arrested in a routine manner (simply because a charge has been leveled against him) unless his arrest is necessary for furthering the investigation or for collecting evidence or unless the investigation officer feels satisfied that the doctor proceeded against would not make himself available to face the prosecution unless arrested, the arrest may be withheld

By Incorporating NMC guidelines-

NMC/MCI/EMRB/C-015/0023/2021/Ethics/022426, dated: 21/09/2021

Doctors must often take a calculated risk and make decisions to treat a patient, failing which the situation could become more complicated. Therefore, it becomes difficult to define gross negligence.

Further, section 88 of the IPC which protects Doctors from criminal liability when the act is done with good intention. Therefore, Section 304A and similar sections of the IPC should be treated only with Section 88.

In this context there is a definite need for appropriate legislation to exclude the medical profession from criminal liability.

Section 104 of the new legislation deals with negligence. The Parliamentary Standing Committee has already recommended amending the section to address issues related to motor vehicle accidents. The law on medical negligence has been specifically asked to be considered by the Law Ministry.

In this context, it would be appropriate to mention the exclusion of medical negligence under clause 104 of the BNS, as suggested below.

Under Clause 104, after Sub-clause (2) add

Exception: Causing death of a patient during treatment or procedure by a registered medical practitioner, in a registered clinical establishment shall be considered as a medical accident. Court shall presume that such injury leading to death is without criminal intention and liability unless ascertained by a body of experts as gross negligence.

We request you to consider this matter and give necessary directions to revise the above clause in BNS 23 after incorporating NMC's guidelines (NMC/MCI/EMRB/C-015/0023/2021/Ethics/022426, dated: 21/09/2021) in BNSS, 2023 and BSA, 2023.

Thanking You,

Yours Sincerely,

Dr. Sharad Kumar Agarwal
National President, IMA



Dr. Anilkumar J. Nayak
Honorary Secretary General, IMA

“One for All – All for One” a cohesive, collective, enhance, communicative approach to break all sectorial walls and bring all clinicians at one platform to help in building a Healthy Nation



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DELHI DECLARATION ON VIOLENCE ON HEALTHCARE PERSONNEL AND FACILITIES

DATE 03/12/2023

Indian Medical Association along with AHPI, CAHO, ANBAI and NATHEALTH and the participants of the Health Summit on violence representing stakeholders from healthcare institutions, Government as well as law enforcement agencies, civil society organizations, and the general public take exception to violence targeting those who provide essential healthcare services. Recognizing that violence against healthcare personnel violates their human rights and undermines the well-being of our nation. We commit for collective action involving all sections of the society.

- Healthcare institutions pledge to implement comprehensive safety protocols, training programs, and reporting mechanisms to protect healthcare personnel. Simultaneously they should foster a culture of respect and empathy for patients. We propose to ameliorate the risk of violence by contributing to an environment conducive to vigilance and safety. The implementation of a system to screen patients and visitors is in order. Adequate medical, psychological and legal support should be provided to victims of violence. Appropriate reporting systems should be established to enable health care personnel to report anonymously and without reprisal. Aggregated data would be used to analyse the effectiveness of preventative strategies.
3. We demand of the Government to enact and enforce a strict and stringent legislation that holds perpetrators accountable for violence against healthcare personnel. A strong Central law as well as strengthening of all state laws incorporating the amendment to the Epidemic diseases Act are in order. We will collaborate with Healthcare institutions and civil society organizations to create a legal framework that safeguards healthcare personnel and deters violence. Governments should allocate appropriate and sustainable funds in order to effectively tackle violence in the Health sector.
- We hold to account Law enforcement agencies to investigate and prosecute incidents of violence against healthcare personnel. We will work closely with Healthcare institutions to respond promptly ensuring justice so that a strong deterrent is established.
- Civil society organizations will raise awareness through educational campaigns, community engagement and advocacy to prevent incidents of violence. They will mobilize public support and foster a sense of responsibility among the public.
- We call upon the media to raise awareness about this social malaise as well as report responsibly and accurately. The media can foster a culture of respect and appreciation by sharing stories of resilience and dedication by Healthcare professionals. We encourage media collaboration with Healthcare institutions, Government bodies, law enforcement agencies, and civil society organizations to organise educational campaigns providing true picture of healthcare delivery process. Together, we as a nation can protect the well-being of Healthcare Personnel ensuing provision of high-quality Healthcare services to our people. This collective effort will foster an atmosphere of trust, compassion and safety benefiting the Healthcare professionals and the community.

Dr. Sharad Kumar Agarwal
National President, IMA

Dr. Anilkumar J. Nayak
Honorary Secretary General, IMA



"One for All – All for One" a cohesive, collective, enhance, communicative approach to break all sectorial walls and bring all clinicians at one platform to help in building a Healthy Nation



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Surat Zone



Dr. Mehul J. Desai
Vadodara Zone



Dr. Tushar J. Rojesara
West Zone



Dr. Dipesh B. Bhalani
Rajkot Zone

* * *

**Proposal for Collaboration: Compression- Only Life Support (C.O.L.S)
Training for Gujarat Homeguard Group.**

On occasion of "Homeguard Day", MOU of Indian Medical Association, Gujarat with Mr Manoj Agrawal, IPS for collaborative efforts for COLS - CPR training to Homeguards of entire Gujarat.

In auspicious presence of
Shree Harsh Sanghavi, Hon. Home Minister of Gujarat.





डॉ. अनिल कुमार

Dr. ANIL KUMAR

M.B.B.S., MD

निदेशक, नोटो/Director, NOTTO



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
स्वास्थ्य सेवा महानिदेशालय
Government of India
Ministry of Health & Family Welfare
Directorate General of Health Services
DO-NO-P-46/583/IE C/NOTTO/22

APPEAL TO PLEDGE FOR ORGAN & TISSUE DONATION

Dear Madam/Sir,

As you may be aware, there is huge shortage of Organs available, as compared to the number of patients who require Organ transplants in our country resulting in a wide gap between demand and supply of organs.

A donor after Brain Stem Death, can donate up to 8 vital organs namely 2 Kidneys, Liver, Heart, 2 Lungs, Pancreas and Small intestine & many tissues like Cornea (Eye), Bone, Skin, Heart valves etc. Thus, one such donor can save up to 8 to 9 lives through organ donation and improve the quality of life of many others through tissue donation. Further, a donor after natural death can also donate tissues (like Cornea, Bone, Skin, Blood vessels) etc. Organ Donation is best possible in the situation of Brain stem death, before the heart stops.

Hon'ble PM Shri Narendra Modi has also highlighted the importance of organ donation in his Mann Ki Baat program.

Anyone can take pledge for Organ donation through NOTTO web-portal <https://notto.abdm.gov.in/pledge-registry>. A 24x7 toll-free helpline No. 1800114770 is functional for providing any guidance related to pledging process or information on organ donation. The aforesaid web portal can also be accessed through scanning the QR Code as depicted here: -



QR code for Pledging

It is requested to disseminate the information widely so as to engage with all stakeholders to get associated with the noble cause of Organ Donation for the sake of humanity.

Let us all join this national endeavor to promote organ donation and make all efforts to inspire our family, friends and fellow citizens to donate organs and tissues after death.

With regards,

Yours sincerely,

Anil Kumar
1-12-2023
(Dr. Anil Kumar)

To

Director/Joint Director/In-charge, All ROTTOs/SOTTOs



NATIONAL ORGAN & TISSUE TRANSPLANT ORGANISATION (NOTTO)

4th Floor, NIOP Building, Safdarjung Hospital Campus, New Delhi-110029

Tel. (Off.): 011-26164770, Mob.: +91-9811637663, Email: dir@notto.nic.in, dr.anilkumar@nic.in

अंगदान-जीवनदान



स्टेट ओर्गन એન્ડ ટીસ્યુ ટ્રાન્સપ્લાન્ટ ઓર્ગનાઇઝેશન, ગુજરાત ગુજરાત યુનિવર્સિટી ઓફ ટ્રાન્સપ્લાન્ટેશન સાયન્સિઝ





Ministry of Health & Family Welfare
Government of India



**I Pledged
to Donate
my Organs**



**An Opportunity to live
After Life**

BE A DONOR, BE A HERO



Breakthrough - Don't Miss Out: Read This for Exclusive accompaniment of IMA Gujarat on PMJAY matter



Thanks, Shri Bhupendrabhai Patel, CM of Gujarat; & Health Department officials of Gujarat for positive consideration towards PMJAY payment issue of IMA Gujarat's Doctors.

Heartfelt Thanks to the Government of Gujarat for their steadfast support in addressing doctors' concerns about PMJAY pending payments. Your proactive efforts demonstrate a shared **commitment to community well-being**

In a continue perseverance and at last groundbreaking move, IMA Gujarat, with help of government officials, Health Department & IMA Leaders, achieves a remarkable response—initiating pending PMJAY payments to Hospitals!

This journey isn't just about payments; it's a testament to **IMA Gujarat's dedication**. We stand ready for every health upgrade for society, hearing doctors' concerns.

The government's continuous and sensitive approach towards doctors is the driving force behind this significant achievement.

Team IMA Gujarat



“IMA દિલથી, યુવા હૃદય સુધી” IMA Rajkot Branch





GIMACON -2023, Bhavnagar

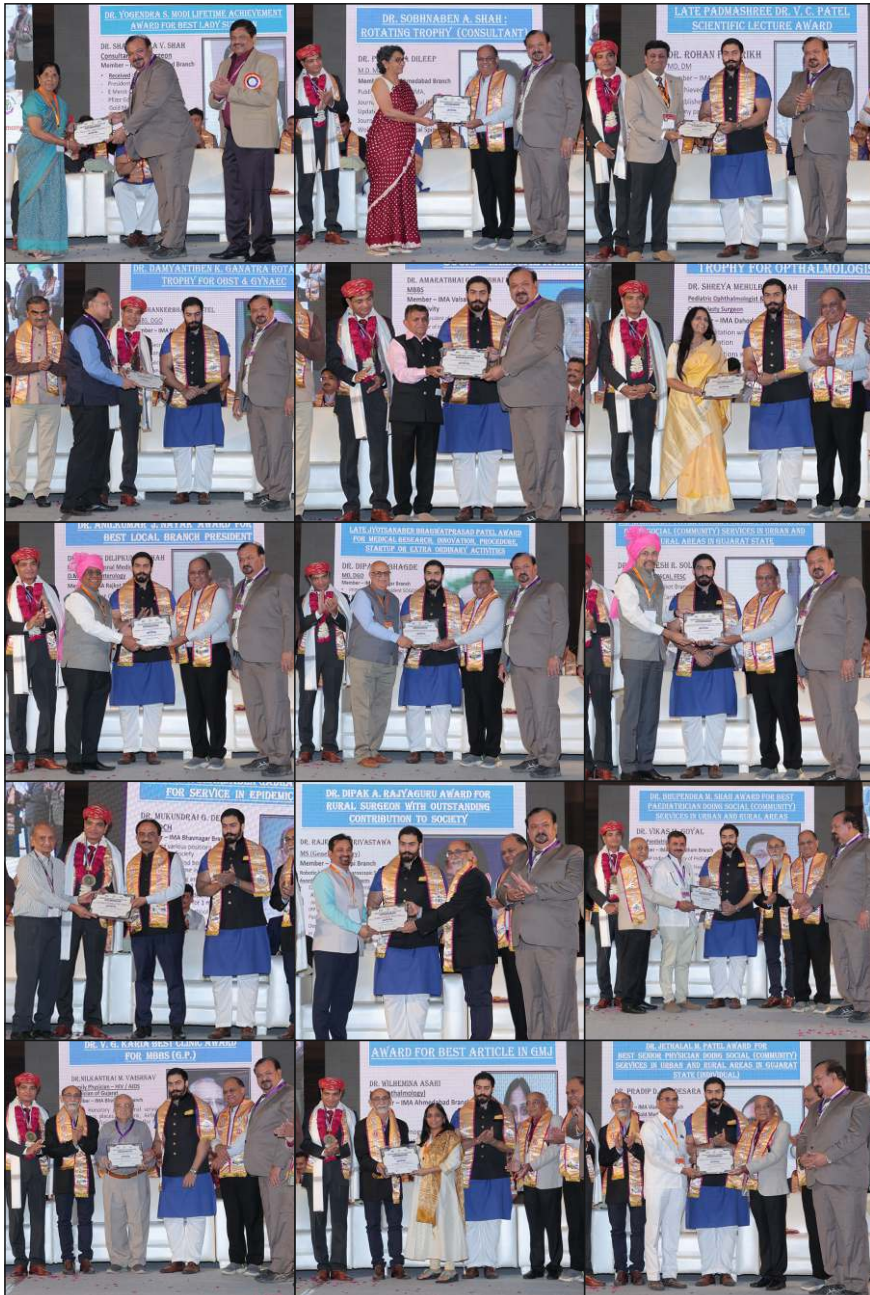


GIMACON -2023, Bhavnagar





GIMACON -2023, Bhavnagar



GIMACON -2023, Bhavnagar





CME IMA Ahmedabad Branch



Blood Donation Camp IMA Ahmedabad Branch



Talk on 'Healthy Heart' IMA Ahmedabad Branch



Grand Launching of 'Vidhyarthi Satarkta Abhiyan' IMA Ahmedabad Branch



'Aao Gaon Chalen' Medical Camp IMA Ahmedabad Branch





PPS Zonal Educative Seminar IMA Surat Branch



* * * * *

Installation Ceremony IMA Mehsana Branch



Installation Ceremony IMA Kalol Branch



* * * * *

Installation Ceremony IMA Morbi Branch



* * * * *

CME IMA Kalol Branch





TB Nutrition Kit Distribution IMA Botad Branch



Diabetes Awareness Camp IMA Mehsana Branch



Medical Camp IMA Morbi Branch



Cardiology Summit 2023 IMA Himatnagar Branch



Cultural Programme IMA Himatnagar Branch



'Aao Gaon Chalen' Medical Camp IMA Daman Branch





CME IMA Jetpur Branch



* * * * *

CME IMA Gandhinagar Branch



* * * * *

Cricket Tournament IMA Khedbrahma Branch





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IMA/HSG/2023

03-12-2023

RE ENVISION THE NMC LOGO

The prefix "Dr." is not only gender neutral but is also silent on all other forms of identities with any particular section / religion of the society. Our oath and duty as Doctors is to serve all of humanity, and not any particular religion. Our only religion is humanity. The Geneva Declaration also underlines this universal nature of our profession. It is for this reason that even in war zones, Doctors and Hospitals are given a special status.

The profession of medicine and the responsibilities to be discharged by doctors is for patient care and management and for curing human beings from any ailment, all over the globe. Such service to the mankind and to the human race does not deserve to be indicated and / or identified by any particular religion. The only religion for the practice of medicine by the doctors is to serve the mankind. That is the paramount focus to be possessed by doctors in their approach as well as actions in discharging their duties unimpacted by any indication of any particular religion.

It does not require any emphasis that any kind of depiction with regard to the profession of medicine either individually or any statutory or non-statutory authority or any association of doctors etc. - has to be religion neutral. There cannot be any depiction any emblem / logo relating to doctors individually and / or any association or statutory authority etc. All institutions representing the medical profession have a duty to ensure that they reflect this oath of Doctors towards all of humanity.

The entire medical fraternity in India is sadly disturbed by the approach now adopted by the National Medical Commission in giving up adherence to such noble principles connected with the identity of doctors individually and the institution(s) belonging to the field of medicine serving masses all over the globe. The NMC has adopted a new logo with religious depiction contained therein. The new logo of the NMC is in contradiction with our fundamental values as Doctors. It is not in conformity with the oath and duty of Doctors, which is not towards any particular religion. Such a logo is also inconsistent with the dignity and decorum of an institution such as the NMC.

In a country such as ours, unity in diversity is a beautiful characteristic of our nation. The unity in diversity is the part of most fundamental values in our society. The logo of any national institution ought to capture the aspirations of all our citizens in an equal manner and by remaining neutral in all respects thereby eliminating any possibility of any part / section of the society feeling aggrieved in any manner. The IMA is constrained / compelled to express its strong objection and disapproval of the new logo adopted by the NMC, which is contrary to our fundamental ethos and values carried on for centuries by our great nation.

The IMA calls upon the NMC to take corrective steps to adopt a logo which does not contradict the oath and duty of Doctors, towards all our citizens with complete neutrality especially in shunning any attempt to connect and / or identify the institution such as NMC with any particular religion. NMC as of today has done precious little to better medical education in the country. The medical institutions in India have continuously created global citizens and global doctors. The great leaders who are in control and are guiding and leading the governance of our great nation are urged with all humility that the Government of India should put an end to the deviant running of the NMC by recasting this premier national institution. The restoration of the logo hitherto and / or an adoption of any religion neutral logo, is the need of the hour requiring appropriate decision to be taken by the concerned authorities expeditiously.

Dr. Sharad Kumar Agarwal
National President, IMA

Dr. Anilkumar J. Nayak
Honorary Secretary General, IMA

"One for All – All for One" a cohesive, collective, enhance, communicative approach to break all sectorial walls and bring all clinicians at one platform to help in building a Healthy Nation



CONGRATULATIONS

* **Dr. Vijay C. Popat, Jamnagar,**

Being appointed as Medical Faculty Dean of Saurashtra University.

* * * * *

COLLEGE OF GENERAL PRACTITIONERS; G.S.B. I.M.A.

VIRTUAL CME NO 6



A webinar on Health check up and Healthy life style was held on **14-12-2023 Thursday** 4 to 5 pm to prevent mortality and morbidity in young generation **Dr Digant Shastri** a well known Paediatrician from Surat and **Dr Urman Dhruv** a senior consulting physician and Director Department of internal medicine and Diabetes, HCG Hospitals were speaker, Webinar was highly appreciated by the audience

We hope knowledge imparted will be percolated to society by our doctors and thereby prevent mortality and morbidity

Dr. Jashwant Sinh Darbar
Director College of GP GSB IMA

Dr. Pragnesh Shah
Coordinator

Dr. Vasant Patel
Secretary College of GP GSB IMA

* * * * *

DISCLAIMER

Opinions in the various articles are those of the authors and do not reflect the views of Indian Medical Association, Gujarat State Branch. The appearance of advertisement is not a guarantee or endorsement of the product or the claims made for the product by the manufacturer.

હાર્ટ એટેક માટે કોવિડ વેક્સિન જવાબદાર નથી : પદ્મશ્રી ડો.તેજસ પટેલ

સીપીઆરની તાલીમ શેરી-સોસાયટીઓ સુધી પહોંચવી જોઈએ : રાજકોટમાં આઈએમએના ઉપક્રમે યોજાયો મહત્વનો સેમિનાર



પદ્મશ્રી ડૉ.તેજસ પટેલ શું કહે છે ?

માનવી જેવું કલ્પદરોગ,
માનવી ઉપરના કાલોમાં
કલ્પદરોગનો અમાણ કલ્પના વધુ
છે, પરંતુ આ પ્રવાહ ૨૦૦૦ની
સાક્ષી શરૂ થયો. અગાઉ
માનવી ઉપરની વધુ કલ્પ અસંખિત
બીમારી માટે સામાન્ય મનાતી.
વર્ષ ૨૦૦૦ની ૨૦૧૦ સુધી
આ પ્રવાહ ૪૦ વર્ષે જ ગયું.
૨૦૧૦થી ૨૦૨૦ વચ્ચે તે
૩૫થી ૪૦ વર્ષની વયના
દરેકને પણ બચવા લાગ્યા.
આ સ્થિતિ બેઠી છે તેવા સ્થિતિ
વર્ષે વધુ બેઠી તેને પૂર્વજન
સંભવે પણ થોડે સમય લાગશે.
આને પછી કોઈ સમય તેને
સંભવે નથી. આથી
સર્કની નખી અને પ્રવાહ થાય? ૨૦૨૮ અને ૨૦૩૦
તારીખે પંથોલોગના મુલકમાં
નાવું થાય છે કે કલ્પને લોપી
પર્યાવરણી નીબીએ. આઈ-૨૦ની
અને ૨૦૨૧ની જામવાની પ્રતિષ્ઠા
બાળક જન્મે તારાચી શરૂ-આ
જાય છે તત્તમ તારાચીના છેલ્લા

રમાં યુવાનોમાં કદમ
 કોટ ઇન્ડિયન મેડિકલ
 દિલ્લી કદમ સુધી
 જાતે પ્રારંભ કરાવે
 પટેલે કદમ રોગના
 અટકાવવા માટે જરૂરી
 સેષ છજાવટ કરી હતી

ઓષા ગોળની રૂ ૧૨૦ 450g

જલારામ ચીકી

- સોની બજાર • ઇન્દીરા સર્કલ
- લીમડા ચોક • મયકી મેઈન રોડ
- કુવાડવા રોડ (ડી-માઈ પાસે)

[illegible]

બંધુ જે
 જે મરું
 મરણ જાય
 જે લેખન
 જે લે-
 બંધુ. આ
 રૂબરૂ

કાકડવાને
 મુલાનના મુ
 મુખીમાં જ
 તખીમાં જ
 ખનના મા
 રાખના કા
 કાવંકમ-તે

પેનાલ ટ્રિસ્ટફલ

કાકડ
 માટેના રાજા કાકડના
 કોકડરની પેનાલ કો
 ટ્રિસ્ટફલ જાય બંધુ
 માં રાક, ઉપ
 માં બાંધવા વધુ ઉપ
 ને કાકડના કાકડ
 તખીમાંને કાકડ

પ્રત્યેક વર્તુલ છે, આ વર્ષે ગરમી તાપમાન ૧૮ ડિગ્રી સિલ્કાવાટ છે એટલા સંખ્યાના રાજા પાસેથી યા ત્રાસેના કલ્પને પેલી ગુપ્તા આ ઉપલક્ષ્યે આ બોલને મેલેલા રોડનાથી કલ્પનાથી વિનયનનું આગમનને કિલ્કાથી કલ્પે ગુપ્ત અધિવાસીના રાજાના બોલ છે. આ તો કોઈક પાસેના રાજાના કલ્પનાથી જણાવી લેતી.



વિનયના
કાલે
જેના
અમરના,
પોયેથી
જાણના
રોડના

૧૪ જુલાઈ ૧૯૭૭ કાલે ૩૦ વર્ષના
કો. મોહિત તમા
અમરનારોડના આ રોડના
જો, નાની ઉંમરથી શરૂ કરીને
અમરનારોડના કાલેથી મોટી ઉંમર
મહત્વના કાલે છે.
કો. કિશોર પોપટલાથી
કાલના- કાલે છે કાલે

સુખલા આવી ત્યાં રવાના
અને તાત્કાલિક લેવાના
વિશે સમજાવ્યું હતું.
ડૉ. પર્થશી સોલંકી
કુદ, કોર્ટીકસ, આલ્કો
હુર રાંડવું, બેલોન્સ
અવનાવવું
ડૉ. અમર કઠાર
રીપમ માટે સવારે ડોઝ
૧ થી ૨ કલાકમાં, દર
પાંચ કલાકે, રાત્રે સુ
કલાક પહેલાં ખોજના વ

સાચવાના પસંદ પાક લાગે
જાય છે જાત ચડના લાગે તો
એ આગળ જતા જોખમી
સામિત વાપ.

ડો. મેઘવી દોશી : સારી
રૂપ માટે મ્યુનિક સાંભળવું.
મુક માઈલી વધુ થોળ તેજક
માઈલીએ દુર રાખવા.
અલવાડીયામાં ૨ થી
૩ દિવસ જ અપારે ૩ વાગ્યા
પહેલાં ૧ થી ૨ ૮૦ મીલી જ
સુતું જોઈએ.

જા તકનીક નહીંવિત
કદમચોગની રહે છે. સિવ
કરવાથી કદમની નવી
થતી વિપરિત અસર એ
અંધ થાય છે. તેમાય
સીગરેટના પેકેટ ઉપર
ચોગ અંગેની ચેતવણી
ખોદીએ

શક્યતા	કરો અને કહત જ થી પ
પરેટ બંધ	કિલોમીટર દરરોજ ચાલો તો પકડ
અંશે પર	કદપરચો-એટકીની શક્યતા ઊંચ
કરો અને	ટકા પટારી શકાય છે. ક્રાપિયો
કાંચે પે	વાસ્તુગુરુ એકિવિટી તંને
પણ કદપ	એવાપ છે. જે વ્યક્તિ નિયમિત
આપવી	ચાલે તેમને કદપરચો અને શ્રેષ્ઠ
	સ્ટોકીની શક્યતા આશી રહે
	અદવાધિએ ૭૫ થી ૧૫૦
	મિનિટની કસરત કદપરચોનું
	જોખમ પટારો

1001

[illegible]

100

દીવાન બલ્લુભાઈ શાળાથી 'વિદ્યાર્થી સતર્કતા અભિયાન'ની શરૂઆત



ઈનિયન રેકોર્ડસ સોસાયટી તથા અમદાવાદ મેડિકલ એસોસિએશન દ્વારા 'વિદ્યાર્થી સંતકતા અભિયાન'નો અમદાવાદની દીવાન બલ્લભાઈ શાળાના શુભારંભ કરાવો છે. કાર્યક્રમને સંબોધતા અમદાવાદ મેડિકલ એસો. પ્રેસિડેન્ટ તુષારભાઈ પટેલે કહ્યું કે, આ અભિયાન અંતર્ગત શાળા કક્ષાના બાળકોને સૌથી અગ્રણ્ય, પ્રાથમિક સારવાર, રક્તદાન, અંગદાન, યથેસે અભિયાનની નીતિમિત્તે રોડીંગ તાલીમ નહોતી એ બેલેન્સિંગ તાલીમ આપવાની નીતિમિત્તે મેડિકલ સંસ્થાઓને સમાજજાળોમાં મદદરૂપ થાય છે.

અમદાવાદ જિલ્લાના દરજી સહાયક અસલવાળી ગ્રામ ખાતે યોજાયેલા નિ:શુલ્ક સર્વેચક કેમ્પમાં નરસિંહ અમીન

અસલાલી ગામમાં નિ:શલ્ક સર્વરેડો
કેમ્પનો મોટી સંખ્યામાં લોકોને લા

5 lakh students to get trained in first aid, CPR

Red Cross along with AMA to create awareness about blood and organ donation, Thalassaemia, Anaemia and road safety rules




The campaign was launched at Diwan Ballubhai School of which Ajay Patel (second from right) is the alumnus

campaign will focus on the health of the school students in Ahmedabad and later campaign will target the areas of the state

[illegible][illegible]

इम्पामां के.डी. गोविन्दस्वरूप अने आश्रमपती रीडभाऊ निष्ठात डकठनीयें येंत धरत
 डकठनीयां लोकांवेरुन डेस्त अने विधाय तपराय डकठनीयें वनीत. डेस्त धरत डकठनीये जेवूरी
 धवानीयेन डेस्त निष्ठात स्वयंयें वुन. इम्पामां डकठनीयें वनीत डेस्त आ सवेलायेन
 लाय लीला वुन. इम्पामां डेस्त सवेलायीन डेस्तयें सन्मान धरत डकठनीयें वुन.
 'आरां गल वल' वुन प्रोलेड अन्धधारा मॅडिकल असोसिएशन अने ये. डेस्त डेस्तार
 (के.डी. गोविन्दस्वरूप) धरत मपप अने सवेलायेन (इम्पामां) वनीत लाय डेस्त निष्ठात
 रंग निडान इम्पामां अन्धधाराय धोरलाय वुन.

नानुगुत्तराव सवय



**યુવાધનના હૃદયને ધબકતું રાખવા માટે
ડોક્ટરોનું મિશન: રાજકોટથી શરૂ થશે**

આઈએમએ યુવા દિલની લેશે તકેદારી, રવિવારે પદ્મશ્રી ડોક્ટર તેજસ પટેલ તેમજ ગુજરાતના અનુભવી તબીબો આપશે સમજણની સંજીવની: જીવન જીવવાની જડીબુટ્ટી આપશે સાંઈરામ દયે

अनासिञ्जयनमा नेत्रं हृदयं
 रविपारथी द्विधी युवा ह
 पर्वण्यमा मोहनी श्रुत करवाया
 धीमि छि, आश्रय-श्रुत युवा ह
 मण्णता हृदय रोजनमा म
 सभायादोयी, आप्रश्रुता छि
 विद्याण अने सञ्चारम छि
 संस्था आर्थिकमेने खिदित
 भाषने बोह-पत्रयुति अने बो
 ह्र्द असी सञ्चारमेने माहिसि
 आर्थिकमेने छि बी युवा ह
 युधिर परमा वर्ष ह्र्दयमेने
 गौशरमा वर्ष आश्रयमेने
 श्रुतमात भाषने परिश्रयमात
 रविपार, राजकोशी यर्द
 अने सञ्चारमा वर्ष, राजकोशी
 नभस्वत्तामा श्रेष्ठ अर्थमा
 विष्णु-निर्माणमेने उदयो दारा

[illegible]

1

લોકો લિન્ક અથવા ઈ-મેઈલ પર પ્રશ્ન મોકલી શકશે, નિષ્ણાત ડોક્ટરો જવાબ આપશે
હૃદયરોગના મૂંઝવતા પ્રશ્નો અંગે 9મીએ સેમિનાર

હેલ્થ શોરેટર / રમણદાસ

ક્રોવિડ બાદ રાજ્યના યુવાનોમાં હાર્ટ એટેકના કિસ્સામાં વધારો થયો છે. અનેક લોકોમાં હૃદયરોગથી બચવા શુ કરવું, કોને હૃદયરોગનું જોખમ છે, હૃદયરોગના લક્ષણો શું હાથ છે જેવા અનેક પ્રશ્નો અને લોકો પ્રશ્નોવણમાં છે. લોકોના મુંઝવતા પ્રશ્નોનું યોગ્ય નિરાકરણ આપે તેવા આશયથી અમદાવાદ મેડિકલ એસોસિએશન અને ઈન્જિન્યર રેડકોસ સાયસટી, ગુજરાત શાખાના ચેરમેન અજય પટેલે જણાવ્યું કે, તાજેતરમાં રાજ્યમાં બાળકો અને યુવાનો પણ હૃદયરોગમાં વધારો થયો છે, ગત વર્ષે કરતાં આ વર્ષે હૃદયરોગના કેસમાં 28 ટકાનો વધારો થયો છે ત્યારે હૃદયરોગની તકલીફની સમસ્યાના નિવારણ માટેના સયોદ ઉપાય મળી રહે તે માટે અમદાવાદ મેડિકલ એસોસિએશન સાથે મળીને 'યુવાનોમાં હૃદયની સંભાળ માટે' હૃદયથી સંવાદ 'નામે અને સેમિનારનું આયોજન કર્યું છે. જેમાં હૃદયરોગ નિષ્ણાત ડૉરેવરાવલ

કાર્ડિયોલોજિસ્ટ ડૉ. તેજસ પટેલ, એપોલો હોસ્પિટલના કાર્ડિયોલોજિ વિભાગના વડે છે. સમીર દાણી, અને યુએન મહાલો હોસ્પિટલના ડિરેક્ટર છે. ચિરાગ દોશી યુવાનો સાથે સીધો સંવાદ કરશે. આ સંવાદમાં જોડાવા માગતા લોકો 31 ઓક્ટોબરથી 4 નવેમ્બર સુધી પોતાના પ્રશ્નો ઈ-મેઇલ-amaomages2324@gmail.com અને લિંક-https://shorturl.at/bxREN પર મોકલે શકે.

રાજ્યમાં બાળકો અને યુવાનો પણ હૃદયરોગમાં વધારો થયો છે, ગત વર્ષ કરતાં વધુ હૃદયરોગના કેસમાં 28 ટકાનો વધારો થયો છે ત્યારે હૃદયરોગની તકલીફની સમસ્યાના નિવારણ માટેના સયોદ ઉપાય મળી રહે તે માટે અમદાવાદ મેડિકલ એસોસિએશન સાથે મળીને યુવાનોમાં હૃદયની સંભાળ માટેની હૃદયથી સંકળિત નામે એક સેમિનારનું આયોજન કરવા છે. જેમાં હૃદયરોગ નિષ્ણાત ડૉન્ટરવેન્શનલ કાર્ડિયોલોજિસ્ટ ડૉ. તેજસ પટેલ, એપોલો હોસ્પિટલના કાર્ડિયોલોજિસ્ટ વિભાગના વડા ડૉ. સમીર દાણી અને યુએન મહેતા હોસ્પિટલના ડિરેક્ટર ડૉ. ચિરાગ દોશી યુવાનો સાથે સીધો સંવાદ કરશે. સંવાદમાં જોડાવા માગતા લોકો 31 ઓક્ટોબરથી 4 નવેમ્બર સુધી પોતાના પ્રશ્નો ઈ-મેઈલના amaomgaesb2324@gmail.com અથવા લિંક <https://shorturl.at/bxrxEN> પર મોકલી શકે છે.

IMA ગુજરાત રાજ્ય અને ભાવનગર બ્રાન્ચ દ્વારા
ભાવનગરમાં રાજ્ય સ્તરની કોન્ફરન્સ
75th 'HCG-GIMACON 2023' સમ્પન્ન



- ભાવેલાના રાજવી યુવરાજ જયવીરરાજ સિંહજી ગોહિલ અતિથિ વિશેષ અને મુખ્ય મહેમાન તરીકે આ કોન્ફરન્સ માં હાજરી ખાસ હાજરી આપી
- 600 કોર્ટરોએ સમગ્ર રાજ્યમાંથી આ કોન્ફરન્સમાં ભાગ લીધો; મેડિકલ વિષયો ઉપર પ્રેઝન્ટેશન તેમજ પેપર-પોસ્ટરના માધ્યમથી સંશોધનો રજૂ થયાં

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ગોરાદ ખાતે ઇન્ડિયન મેડિકલ એસોસિએશન (IMA) શાખાના સહયોગથી સંઘણે ૫૦ જેટલાં ટીબીના દર્દીઓને પોષણ સહાય કિટ્સનું વિતરણ કરાયું.



સ્ટ્રીટ સ્લામવાર - પારસ ગાંધી

પ્રધાનમંત્રી દીપ્તી મુક્ત ભારત અભિયાન એનગેજ બોટાદ જિલ્લા સ્થ કેન્દ્ર ખાતે ઈન્વાર્ડ મુખ્ય જિલ્લા આરોગ્ય અધિકારી ડૉ. એ. કે. સિંઘ, જિલ્લા સ્થ



અધિકારીશ્રી ડૉ. અરુણ કુમાર સિંહ, ઈન્ડિયન મેડીકલ એસોસિએશન (IMA) બોટાદના પ્રમુખશ્રી ડૉ તુષાર રોજેતરાની પ્રેરક ઉપસ્થિતિમાં ઈન્ડિયન મેડીકલ એસોસિએશન

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ઇન્ડિયન મેડિકલ એસો. બોટાદ દ્વારા
બાયોપેસ્ટ મેનેજમેન્ટ વિષે સેમિનાર યોજાયો



બોટાદ ભાસ્કર સ્વચ્છતા હી સેવા અભિયાન અંતર્ગત બોટાદ જિલ્લાના વિવિધ સેવાઓના સંસ્થાઓ, હોસ્પિટલો, શાળાઓ સહિત અનેક સ્થળો ખાતે સ્વચ્છતાના ઝુંબેશ કરામગીરી કરવામાં આવી રહી છે. ત્યારે સ્વચ્છતા હી સેવા ધિાન અંતર્ગત અંતર્ગત તા. 23-11-23 ના રોજ ઈન્ડિયન મેડિકલ એસોસિએશન બોટાદ શાખા બસ વડદરીયા હોસ્પિટલ ખાતે બાયોવેસ્ટ મેનેજમેન્ટ વિષય પર સેમિનારનું આયોજન કરવામાં આવ્યું હતું. આ સેમિનારમાં ઈન્ડિયન મેડિકલ એસોસિએશન બોટાદ શાખાના પ્રેસિડન્ટ ડો.ત્રુપારા રોજેસરા, ડો.અનિલ કાકડીયા, ડો.રવિરાજ ભરાઈ, વડોદરીયા હોસ્પિટલના ટ્રસ્ટીઓ, સ્ટાફ અને બાયો વેસ્ટ કમિટીનાં સભ્યો ઉપસ્થિત રહ્યાં હતાં.



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	Dr. Paresh D. Munshi	Surat
Vadodara	Dr. Siddharth Nayak	Vadodara
	Dr. Samir Shah	Vadodara
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Rajkot	Dr. Chetan Lalseta	Rajkot
	Dr. Sanjay Bhatt	Rajkot
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	Dr. Madhur Y. Modi	Ahmedabad
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LM/34660	Dr. Zala Palak Samarsinh	Junagadh
LM/34661	Dr. Markana Saurabh Mansukhlal	Junagadh
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LM/34677	Dr. Patel Neel Pankajbhai	Surat
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LM/34679	Dr. Patel Ronitkumar Anilbhai	Surat
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LM/34681	Dr. Howie Ruchy Rony	Surat
LM/34682	Dr. Sutariya Niravkumar Lallubhai	Surat
LM/34683	Dr. Jadeja Rohan Mahendrasinh	Rajkot
LM/34684	Dr. Bhatt Shaival Jayprakash	Rajkot
LM/34685	Dr. Dholariya Hiren Rasikbhai	Rajkot
LM/34686	Dr. Sheth Kaushal Vinaykumar	Rajkot
LM/34687	Dr. Halani Hiral Amrutbhai	Rajkot
LM/34688	Dr. Patel Anil Krushnakant	Modasa
LM/34689	Dr. Dav Bhautikkumar Tapubhai	Junagadh
LM/34690	Dr. Tilala Ajay Dineshbhai	Junagadh



LM/34691	Dr. Brar Arwinder Kaur	Junagadh
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LM/34693	Dr. Vekariya Prashant Pravinbhai	Vadodara
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LM/34743	Dr. Tank Nilesh Dayalbhai	Surat
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LM/34745	Dr. Patel Binika Dineshbhai	Himatnagar
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BRANCH ACTIVITY

AMRELI

01-12-2023 CME on "Role of Minimally invasive Gastrosurgery in current era."
By Dr. Maulik Bhandaria.

BHAVNAGAR

08-09-2023 CPR Training "Yes I Can" at Daulat Anant Villa High School. Total
175 students were benefited.

BOTAD

21-10-2023 Adopted 50 TB patients as a Nikshay Mitra Yojana.
06-11-2023 Seminar on Bio Waste Management, Swatchata Hi Seva Hai at
Kalrav Hospital.
16-11-2023 Seminar on Bio Waste Management for Govt. Campaign 'Swatchata Hi Seva Hai'.
13-11-2023 Seminar on Bio Waste Management for Govt. Campaign 'Swatchata Hi Seva Hai'.

DAMAN

16-12-2023 "Aao Gaon Chalen" continuing with a dream project of respected
Dr Ketan Desai sir and IMA - Daman Medical Association
organized Health screening of school children and cardiac check
up of young in tribal area.

GANDHIDHAM

5-11-2023 Camp for senior citizens for diabetes and hypertension.

**GANDHINAGAR**

- 25-10-2023 CME on "Shedding light on Gynaec Cancer" by Dr. Nidhi Gupta.
"Beyond the Scalpel Radiation Therapy is organ preservation toll in Oncology' By Dr. Samir Batham.

JETPUR

- 01-11-2023 CME on "Emergence of novel FDC treatment for uncontrolled DM" by Dr. Harsh Durgiya.

KALOL

- 13-10-2023 CME on "Diagnosis and Treatment of Heart Failure Patients" by Dr. Ketan M. Vekariya.
"Surgical Options in Advanced Heart Failure" by Dr. Sandeep Agarwala.
08-12-2023 "U.K.R. (Partial Knee Replacement) heralding a new era in Arthroplasty" by Dr. Himanshu Mathur.
"Treatment approach for Women Cancers and Advances in Gynaec Cancer Surgeries" by Dr. Nitin Singhal.

MAHUVA

- 14-11-2023 Has Organised Diabetic awareness week started from 14th November World Diabetic Day. Total 10000 pamphlets were distributed.

MEHSANA

- 25-10-2023 Installation Ceremony of new IMA Body.
26-10-2023 CME on "Osteoporosis and Sarcopenia" by Dr. Bharat Dave, Dr. Ajay Krishna and Dr. Mirant Dave.
05-11-2023 Cycle Rally for Diabetes Awareness and also special arrangement for Blood Sugar Testing for villages.

MORBI

- 16-09-2023 CME on "Vaccine preventable disease surveillance and required changed in existing system" by Dr. Hiral Raval. Total 22 members were present.
24-09-2023 Installation ceremony.



- 01-10-2023 Blood Donation Camp on National Voluntary Blood Donation Day. More than 35 members were donated blood for the noble cause.
05-10-2023 Free Diagnostic Camp. Total 300 people were got benefited in this camp.
20-10-2023 Free Diagnostic Camp for children. More than 1000 students were examined and got benefited.
05-11-2023 "Free Seminar and Blood Sugar testing on the occasion of World Diabetes Day" for public awareness by Dr. Chirag Aghara and Dr. Rakesh Patel.

SURENDRANAGAR

- 26-10-2023 CME on "Recent advances in liver transplantation" by Dr. Ankur Vagadiya.
"Acute liver failure a Pinnacle in Medical Management" by Dr. Himansu Sharma.
29-11-2023 Fire safety demonstration and tips by district fire officer.